

### **C. M.O.R.E: Integrating the Mouth with Sensory and Postural Functions**

**February 8-9, 2019**

8:30 – 5:00 pm

14 Contact Hours

Eileen Richter, MPH, OTR/L, FAOTA & Patricia Oetter, MA, OTR/L, FAOTA

Educational Level: Intermediate Level

Audience: OTs, PTs, SLPs

#### **Course Description**

While oral-motor treatment approaches for neurologically impaired children have focused on severe feeding dysfunction, recent clinical work with children who have sensory processing/developmental dysfunction has revealed a strong association between subtle oral-motor and respiratory dysfunction and many sensory integrative and sensory motor problems.

A framework for understanding how and why many aspects of development are significantly influenced by oral functions will be presented. This discussion will include the relationship of the suck/swallow/breathe synchrony to behavior, learning, postural development, feeding, communication, arousal, self-regulation, psychosocial development and even common health issues in children. The relevance of this information to treatment principles with children who have sensory processing/developmental dysfunction will then be shared using slides, case examples and participant lab activities. Documentation strategies for identifying abnormal function and demonstrating change through treatment will be provided. This information is particularly useful for occupational and physical therapists and speech pathologists working with children, but may be applied across the age span.

Required: Lab fee: \$9.75

#### **Course Objectives**

The participant will be able to:

1. Outline and discuss the relationship of the suck/swallow/breathe synchrony to critical aspects of development.
2. Identify and document subtle, abnormal SSB processes in children who have sensory processing/developmental dysfunction.
3. Implement treatment strategies designed to improve respiration patterns, self-regulation, postural control, visual motor skills, feeding and communication skills.
4. Demonstrate and apply techniques designed to enhance oral/respiratory function.

#### **Agenda**

**Day 1 (7 contact hours)**

8:00 – 8:30 Registration  
8:30 – 10:00 Overview: The SSB Synchrony  
10:00–10:15 Break  
10:15–10:30 Clinical Reasoning  
10:30–12:00 Anatomical Structures &  
Mechanisms of Suck  
12:00- 1:00 Lunch  
1:00 – 1:45 Neurological Foundations (Cranial  
Nerves)  
1:45 – 3:00 Implications for Arousal/Alertness  
3:00 – 3:15 Break  
3:15 – 4:15 The SSB Synchrony and Eating  
4:15 – 5:00 Taste/Texture/Flavor Practicum

**Day 2 (7 contact hours)**

8:30 – 10:00 Functional Mechanisms:  
Swallow/Respiration  
10:00–10:15 Break  
10:15–11:15 Practicum: Oral/Respiratory Activities  
11:15–12:15 SSB & Attention  
12:15– 1:15 Lunch  
1:15 – 3:00 Hands on Treatment Strategies:  
Respiration/Oral Motor  
3:00 – 3:15 Break  
3:15 – 3:45 Functional Assessment (MORE PS)  
3:45 – 5:00 Case Study/Problem Solving  
(Treatment Videos)

*\*Topic times may vary; contact hours do not.*

**Speakers**

Eileen Richter, MPH, OTR/L, FAOTA



Eileen Richter has over 30 years of experience working with a variety of disability groups in the public schools, hospitals and private practice. She has her Master of Public Health degree in Maternal & Child Health, is NDT certified and has published a number of books and articles including: *The Sensorimotor Performance Analysis*, (Pileated Press, LLC, 1989), *MORE: Integrating the Mouth with Sensory and Postural Functions* and *Out of the Mouths of Babes: The Developmental Significance of the Mouth* (Pileated Press, LLC.). Ms. Richter has lectured extensively throughout the US, Asia and Europe on topics related to sensory motor dysfunction in children. She is a Fellow of the American Occupational Therapy Association and has directed Avanti-Camp, an intensive sensory integration camp using an advanced treatment model. Ms. Richter continues to support development of the camp and other treatment models, while designing and developing therapeutic equipment.

Disclosure statement: Ms. Richter has an ownership interest in Richter Active Integration Resources, Co-sponsor of the Symposium with no financial interest. She receives royalties from her publications and therapeutic equipment. Ms. Richter receives an honorarium for presenting at the Symposium.

Patricia Oetter, MA, OTR/L, FAOTA



Patricia Oetter earned her B.S. degree in occupational therapy from the University of Kansas and her master's degree in special education from Kansas State Teachers College. She has clinical experience with individuals of varying disabilities, ages newborn to adult. Her primary emphasis has been infants and toddlers, preschool and elementary aged children with learning, communication and/or sensory processing disorders. Ms. Oetter provides consultation and education for teachers, parents, and therapists in the US, Asia and Europe; she has worked extensively in schools, special programs, and private practice. She is a Fellow of the American Occupational Therapy Association. She is currently a private consultant. Ms. Oetter has co-authored a number of publications related to treatment of sensory processing disorders including: *MORE: Integrating the Mouth with Sensory and Postural Functions* and *Out of the Mouths of Babes: The Developmental Significance of the Mouth* (Pileated Press, LLC.).



Disclosure statement: Ms. Oetter receives royalties from her published works through Pileated Press, LLC. She receives an honorarium for presenting at the Symposium. Non-financial: Ms. Oetter volunteers her services at Camp Avanti each year.

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