

A. From Sensation to Function: A Sensorimotor Affective-Treatment Perspective

February 27-28, 2020

8:30 am – 4:30 pm

12 Contact Hours (1.2 AOTA CEUS)

Sheila Frick, OTR/L and Tracy Bjorling, MS, OTR/L

Educational Level: Multi-level

Audience: OTs, PTs, SLPs, Educators and interested others

Course Description

Join Sheila Frick for this practical two-day, activity-oriented workshop that provides a theoretical overview of sensorimotor integration and its' impact on postural organization, and the underpinnings of visual and auditory attention. Additionally, participants will explore each of the sensory systems and their impact on arousal, affect regulation, organization of functional movement patterns that support attention and learning. An experiential learning lab will introduce a specific clinical observation tool that will more precisely guide treatment planning. Participants will leave with an understanding of treatment principles and practical activity suggestions that can be tailored to each individual and are appropriate for a variety of environments. Come dressed to move, explore, and learn.

Participants need to bring a yoga mat or towel and have the option to bring an exercise ball that allows the participant to sit with their hips and knees at 90 degrees; a limited number of exercise balls will be available to use at the course. The course lab fee includes a Therapy Ball Trio (Gerty ball, Power-Up ball & Pinky ball) that the participants learn how to use and will take home after use in the course.

Course Objectives

The participant will be able to:

1. Administer the Clinical Observations and Quality of Movement Assessment.
2. Implement three strategies that address vestibular-postural-ocular organization.
3. Select three sound tools that support regulation, movement organization, and attention.
4. Identify the five characteristics of a well-regulated state.

Agenda

Day One, Thursday February 27, 2020:

8:30 – 9:15 Introduction & Overview of Concepts

9:15 – 10:00 Occupational Performance, Sensory Modulation,
Sensory Discrimination & Integration
10:00 – 10:30 AM Break
10:30 – 12:00 Sensory Systems & Functional Performance
12:00 – 1:00 Lunch
1:00 – 2:30 Sensory Systems & Functional Performance (*cont.*) & Lab
2:30 – 3:00 PM Break
3:00 - 4:30 Movement Foundations & Lab

Day Two, February 28, 2020:

8:30 – 10:00 Arousal & Self-Regulation Lecture & Video Analysis
10:00 – 10:30 AM Break
10:30 – 12:00 Assessment & Clinical Reasoning
12:00 – 1:00 Lunch
1:00 – 1:45 Assessment & Clinical Reasoning (*cont.*)
1:45 – 2:30 Clinical Reasoning & Treatment Planning
2:30 – 3:00 PM Break
3:00 – 4:30 Treatment Planning, Activity Exploration & Questions

Speaker

Sheila Frick, OTR/L



Sheila M. Frick; OTR/L, is an internationally esteemed clinician, lecturer and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration and auditory interventions. She created and continues to expand Therapeutic Listening[®], which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of *Listening with the Whole Body*, and co-author of *Core Concepts in Action*, *Astronaut Training*, and *Out of the Mouths of Babes*.

Disclosure:

Mrs. Frick is president of Therapeutic Resources, Inc. of which Vital Links is a subsidiary. She receives an honorarium for presenting at the Symposium. Mrs. Frick is married to Ronald Frick, president of Vital Sounds, Inc.

Disclaimer:

Some of the music selections (Quickshifts) and therapy balls that are used in the course are developed & sold only by Vital Sounds, Inc. This presentation will focus exclusively on Quickshifts & will not include detailed information on other binaural beat technology. Vital Sounds is a sister company of Vital links.



Tracy Bjorling; M.S., OTR/L, is a pediatric OT currently pursuing a Doctor of Occupational Therapy degree through the University of Wisconsin-Madison. Tracy has had the wonderful opportunity of being mentored by Sheila M. Frick in her clinic. Working in conjunction with Sheila, Tracy has had multiple opportunities to explore the use of Therapeutic Listening with a wide variety of clients and diagnoses. As a member of the Vital Links clinical support team, Tracy has also had the privilege of accompanying and supporting Sheila, and other Vital Links speakers, at numerous workshops all over the world. Tracy has received additional training in Astronaut Training, Interactive Metronome and DIR/Floortime®.

Disclosure: Ms. Bjorling is an employee of Therapeutic Resources, Inc. of which Vital Links is a subsidiary. She receives an honorarium for presenting at the Symposium.

For More Information:

www.vitallinks.com



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