

## E. Looking at the Pre-Crawling Infant: Assessment, Observation and Treatment

February 28-29, 2020 8:30 am – 4:30 pm 12 Contact Hours (1.2 AOTA CEUS)

Michelle Emanuel, OTR/L

Educational Level: Introductory to Intermediate

Audience: OTs, PTs, SLPs

#### **Course Description**

Do you want to expand your knowledge and expertise with pre-crawling infants? Are you interested in new ways of thinking and treating? Then this is the workshop for you! Building on the most recent evidence in early identification and intervention, a dynamic and integrated look at Social Nervous System function, autonomic regulation and motor development will be explored. The speaker will offer essential information regarding assessment as well as treatment tips, ideas and strategies for the whole body, from head to toe.

## **Course Objectives**

The participant will be able to:

- 1. Recognize 3-5 signs of compromised function as it relates to oral and whole-body development.
- 2. Compare 5 aspects of typical and atypical development in a 12-week-old baby.
- 3. List 3-5 interventions appropriate for this population.
- 4. List 5 unique features of the pre-crawling infant.

## Agenda

#### Day One, Friday February 28, 2020:

8:30 – 10:00: The Pre-crawling Infant: Unique characteristics and neurodevelopmental features

10:00 - 10:30: AM Break

10:30 – 12:00 Assessment of Cranial Nerves, Movement and Posture

12:00 – 1:00 pm Lunch

1:00 – 2:30 pm: Oral Assessment, Latch/Feeding and Non- nutritive skills, Oral Rest

**Posture** 

2:30 – 3:00 pm: PM Break

3:00 – 4:30 pm: Body Shaping, Alignment, and Positioning



Day Two, Saturday February 29, 2020:

8:30 – 10:00: Breathing, Behavior and Being Better Together

10:00 - 10:30: AM Break

10:30 – 12:00 Sleep, baby's primary occupation.

12:00 - 1:00 pm Lunch

1:00 – 2:30 pm: Interventions and strategies for oral function and sensorimotor

development

2:30 - 3:00 pm: PM Break

3:00 – 4:30 pm: Putting it all together, Problem Solving and Next Steps

# Speaker

Michelle Emanuel, OTR/L



Michelle Emanuel has 23 years of experience as a Neonatal / Pediatric Occupational Therapist. She has worked in neonatal intensive care Unit (NICU), pediatric critical care (PICU), cardiac intensive care (CCU) outpatient and private practice. Michelle was a level II staff OT at Cincinnati Children's Hospital Medical Center for over 17 years in direct patient care as well as participation in research and education. Currently she is in full time private practice, Whole Body LLC and her office, TummyTime! ™ Method Headquarters, is in Cincinnati, OH. Michelle has a wide variety of knowledge and skills which includes Embryology, Newborn/Infant Development, Pre & Perinatal Psychology, Autonomic Nervous System Regulation and Resiliency, Infant Sensory Processing, Polyvagal Theory, Baby Massage and various forms of Manual Therapy. She developed and began teaching TummyTime! ™ Method classes in 2005. Michelle is licensed and registered as an Occupational Therapist, a National Board-Certified Reflexologist and 200-hour Registered Yoga Teacher. She is also certified in CranioSacral Therapy, Divine Sleep™ Yoga Nidra, Reflexology, Infant Massage, Baby's First Massage, Butterfly Touch Massage, Neonatal Oral Motor Assessment Scale (NOMAS) and the Infant Behavioral Assessment (IBA). Michelle has trained in evaluation and scoring of the Test of Infant Motor Performance (TIMP), Hammersmith Infant Neurological Examination (HINE) and is reliable in the General Movements Assessment (GMA) at the Advanced Level.

Disclosure: Ms. Emanuel is the founder of Whole Body LLC and the TummyTime! ™ Method Headquarters. She receives an honorarium for presenting at the Symposium.



#### **For More Information:**

www.TummyTimeMethod.com



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