

## **G. Advanced Trauma Informed Practice**

February 29, 2020

8:30 – 4:30 pm

6 Contact Hours (.6 AOTA CEUS)

Kim Barthel, BMR, OTR

Educational Level: Intermediate to Advanced Level

Audience: OTs, PTs, SLPs, and interested others

### **Course Description**

This one-day workshop provides clinicians experienced in working with children with trauma a deeper dive into clinical reasoning and intervention strategies. Problem solving and intervention will address emotional regulation, sensory regulation and movement integration to support the reorganization of trauma experiences. Clinicians are encouraged to bring videotape examples of permitted clients to the class for problem solving. The learning session will involve analysis and experiential lab opportunities. Completion of previous course work and/or a working knowledge of developmental trauma is a prerequisite for this class.

### **Course Objectives**

The participant will be able to:

1. Develop integrated skills in combining intentional sensory interventions with psychotherapeutic principles.
2. Evaluate and treat motor patterns commonly associated with trauma experiences.
3. Develop increased self-awareness for enhanced therapeutic use of self.
4. Discuss self-regulation skills for supporting emotionally dysregulated clients.

### **Agenda**

8:30 - 10:15 The only person you can change is yourself: Understanding what we personally bring to the therapeutic process

10:15 – 10:30 Break

10:30 – 12:00 Self-regulation as an aspect of the therapeutic process

12:00 – 1:00 Lunch

1:00 – 2:30 Sensory interventions as trauma therapy: Clinical reasoning and lab

2:30 – 3:00 Break

3:00 - 4:30 Trauma in the body: Motor analysis reasoning and lab

**Speaker**

Kim Barthel, BMR, OTR



Kim Barthel is a sought-after speaker and occupational therapist, best-selling author and internationally recognized clinician in the area of childhood trauma, attachment theory and sensory processing. Kim provides cutting-edge insights into the neuroscience of childhood trauma and travel extensively worldwide to educate and empower therapists, educators, parents and caregivers to support vulnerable children. Kim's mission is to support the conscious evolution of the human spirit.

Disclosure Statement: Ms. Barthel is co-founder of Relationship Matters Consultancy, Inc. Ms. Barthel receives an honorarium for presenting at the Symposium. She also receives revenue from any direct sales of her publications.

**For more Information:**

Visit <http://kimbarthel.ca/>



Integrative Education is authorized to assign up to .6 AOTA CEUs for "Advanced Trauma Informed Practice" on February 29, 2020. (Content Focus: Evaluation, Intervention, Activity and Occupational Demands and Outcomes). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Please visit [www.integrativeed.com](http://www.integrativeed.com) for full continuing education information, our cancellation policy, speaker disclosure statements, and all other policies and symposium information. If special accommodations are required: please contact us at: [symposium@integrativeed.org](mailto:symposium@integrativeed.org)